

September 2015

Chat to us about local Health & Social Care and find services that are right for you. Come and see us at :

	Morning 10-12	Afternoon 2-4
Monday	Join us every month for #personfirst Art Session at Blackburn Enterprise Centre, 2-4pm Monday 14th September	
Tuesday	Barbara Castle Way Health Centre (22 nd , 29 th)	Job Centre Plus, Blackburn (1 st , 15 th , 22 nd , 29 th)
Wednesday	Darwen Library (2 nd) Darwen Health Centre (30 th)	Blackburn Royal Hospital (2 nd , 23 rd , 30 th)
Thursday	<i>Interested in hosting an access point? Contact us for further information</i>	Darwen Credit Union (24 th) Darwen Leisure Centre (3 rd)
Friday	Blackburn Market (4 th)	Your Support Your Choice (25 th) Asda, Blackburn (4 th)

Have you entered our Autumn Quiz? Win up to £20 in vouchers!

Find out what other exciting things we are up to in September overleaf...



@healthwatchBwD

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HealthwatchBwD

www.healthwatchblackburnwithdarwen.co.uk

Your View Your Voice

Physical Health: Rheumatic & Inflammatory Conditions

Have you, a family member or someone you care for experience of living with a Rheumatic or Inflammatory condition (e.g. Arthritis or Fibromyalgia)?

Healthwatch Blackburn with Darwen want to hear about your experience, tell us about what works well, the challenges you face & how your needs could be better met. Share your views & experiences over an interactive workshop & help influence local Health & Social Care services

Monday 21st 10-12pm Your Support Your Choice, Lunch included

Wednesday 16th 2-4pm at The Old Chapel (Weatherspoon's) Darwen Coffee & Cake

Healthwatch Bitesize

Information & Signposting 'bitesize' workshops for local groups, customised & themed to meet your groups needs. Currently running on **Wednesdays 11-1pm at Darwen Central United Reformed Church Hall Asylum & Refugee Drop In** contact us for further details

Do you have Diabetes?

If so we would like to hear from you. We will be launching our Diabetes Engagement Project in early October & would like to have you involved

Interested in joining one of our Task Groups?

We run bi-monthly task groups with a focus on Young People and Mental Health & Wellbeing, help develop our targeted engagement projects using your own knowledge & experience. Contact us for further details



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Share your story now...



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